

I am I am I am, 17 Near Death Experiences by Maggie O'Farrell

A memoir with a difference, in which the award-winning novelist Maggie O'Farrell tells her life through a series of vignettes of her near-death experiences - including a childhood illness she was not expected to survive; a terrifying encounter on a remote mountain path; a mismanaged labour in an understaffed hospital. The book started out as a private project, a way for O'Farrell to help her young daughter who suffers from a serious immunology disorder, including severe eczema and allergies that can cause anaphylactic shock. She writes: "I've asked myself, when she has been very ill, how do you carry on when death is a daily possibility?"